

Parent / Guardian Community Health Pledge

In order to foster the safety of our students, staff, and parents in our school community, I pledge to:

- Self-quarantine my child / children for 10 days if they engage in a high-risk activity (e.g., gathering outside household, non-essential travel) and have them tested for COVID-19 5 days after participating in a high-risk activity. Quarantine may be discontinued after 7 days IF an exposed person tests negative on Day 5 or later and remains asymptomatic. *
- Abstain from pre-medicating my child / children with symptomatic relief medications unless for known chronic conditions; e.g., seasonal allergies; sinusitis.
- Conduct daily home symptom screening of my child / children.
 - Keep my child / children home when they are sick *or* if a household member *any* of the following symptoms (cough • shortness of breath / difficulty breathing • loss of taste or smell • fever [100.4°F/38°C or greater] or chills • sore throat • headache • nausea or vomiting • diarrhea • body ache • fatigue • congestion / runny nose).
 - Schedule COVID-19 testing and/or visit with a healthcare provider if my child / children have any of the key symptoms of COVID-19 (cough • shortness of breath / difficulty breathing • loss of taste or smell) or *any* of the following symptoms (fever [100.4°F/38°C or greater] or chills • sore throat • headache • nausea or vomiting • diarrhea)
 - A student (**under 18 years old**) who has *any* of the following symptoms (body ache, fatigue, congestion / runny nose) may return to school when symptoms improved. COVID-19 testing and/or healthcare provider evaluation are *not* necessary unless required by a school nurse who suspects COVID-19.
 - *Students / staff who present with these symptoms but have tested positive for COVID-19 in the past 3 months, should not have repeat COVID-19 testing. They should be evaluated by a healthcare provider.
- Notify the school immediately if:
 - My child / children or a household member has a known COVID-19 exposure.
 - My child / children or a household member is being tested for COVID-19.
- Follow Marin County Public Health's [isolate / quarantine](#) orders, if indicated.
- Follow Marin County [Stay at Home Order](#) effective Tuesday, December 8, 2020 thru Sunday, January 3, 2020.
- Abstain from gatherings with members of other households.
- Stay at home except to conduct allowable activities and avoid non-essential travel.
- Limit my child's / children's participation to three (3) cohorts.
- Read and agree to follow the School Site Specific Protection Plan (SSSPP), this COVID-19 Safety Student and Family Handbook, and other policies that my school may adopt throughout the school year, and I agree to use my best efforts to have my child(ren) comply with the policies. I understand that the plans and policies may be updated throughout the year as public health information develops, and I agree to review and comply with updates.

Parent / Guardian Name

Parent / Guardian Signature

Date

Parents / guardians must be available, or have an emergency contact available, to pick up their child / children within 30 minutes from school if they develop COVID-19 symptoms at school. If the school is unable to reach the child's parents within 5 minutes, the emergency contact will be called to pick up the child. The student cannot wait in an isolation area for the rest of the school day.